



Caring Kits for Kids  
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4 October 2023

## Trustees' Annual Report for 2022

### About Caring Kits for Kids

Caring Kits for Kids was incorporated as a Charitable Incorporated Organisation (CIO) in 2021 with the aim of fundraising and putting together backpacks for children and young people entering emergency foster care via A&E and for mothers fleeing situations of domestic abuse and human trafficking.

Our kits for children and young people entering emergency foster care contain a change of clothes, toiletries, and comforts such as a book and a cuddly toy. These kits aim to provide dignity and comfort to children and young people at a very uncertain time and ensure they arrive in emergency foster care with more than just the clothes they are wearing [1]. Our kits for mothers fleeing situations of domestic abuse and human trafficking also contain a change of clothes, toiletries, and comforts such as a book.

Caring Kits for Kids' principal address is 3 Swaythling Road, West End, Southampton, SO30 3AE. Caring Kits for Kids had in 2022 and continues to have three trustees: Mark Houghton MBE, Dr Gayle Hann and Rebecca Taylor.

### A Message from Our Chair

As Caring Kits for Kids nears its 2nd Birthday, I'd like to take an opportunity to look back on what we've achieved over the past year – and what a year it has been!

The past year has been a rollercoaster ride for all of us, filled with unprecedented challenges and surprising opportunities. 2022 was the year the UK experienced the loss of its longest-serving monarch, Her Majesty Queen Elizabeth II, and a cost of living crisis marked by high inflation rates and rising energy bills.

Despite challenging times for all, Caring Kits for Kids was able to continue its work delivering 108 kits to 3 hospitals and ensuring its ability to operate in the future

by fundraising over £3000 from the general public. We would like to thank all the donors, volunteers and Alstom employees whose generosity and hard work this past year helped us deliver kits to St George's University Hospital, North Middlesex University Hospital and Royal Manchester Children's Hospital. We really couldn't have achieved what we have without you!



*5km London South Tough Mudder*

In addition to putting together kits, we've also continued to look at ways we can improve them. In December we were thrilled to receive 200 Childline wallet cards from the National Society for the Prevention of Cruelty to Children (NSPCC) to include in our kits going forward.

These cards provide children and young people with information on how to contact Childline – a free, confidential service, operated by the NSPCC, available any time, day or night for children and young people to talk about anything big or small, with trained counsellors.

A handwritten signature in black ink, appearing to read 'M.H.', is positioned above the name Mark Houghton.

Mark Houghton MBE  
Chair

## Financial Review

Trustees have received regular reports this past year on the charity's financial position and have had regard to guidance issued by the Charity Commission on public benefit.

In 2022, Caring Kits for Kids' income decreased by £1200 from £4371 to £3171, expenditure increased by £3393 from £403 in 2021 to £3796 in 2022. This increase in expenditure is fueled primarily by an increase in materials spending, which is expected as Caring Kits for Kids puts together more kits year-on-year. At the end of 2022, Caring Kits for Kids had £5,066 at the bank, with no fixed reserves level.

In December 2022, the rate of inflation in the United Kingdom was 9.2% compared to 4.8% in December 2021 [2]. Rising costs and a lack of funding are the two biggest financial risks the charity faces. Whilst the charity is not at risk of being unable to continue or becoming insolvent, if the cost of living crisis continues the charity can expect to see a decrease in donations from the general public as a result of a decrease in disposable income. Further interest rate increases may also mean an increase in expenditure. Caring Kits for Kids' day-to-day operating costs however remain low, thanks in part to nonprofit offerings from Google, BT, Salesforce and Microsoft.

In 2022, Caring Kits for Kids primarily depended on donations from the general public to support its mission. Trustees have identified grant-making as an area which the charity wishes to expand into next year in order to diversify its funding.



Mark Houghton MBE  
Chair

*Signed on the behalf of the Board of Trustees'*

1. <https://www.nfa.co.uk/thinking-about-fostering/types-of-foster-care/emergency-foster-care/>
2. <https://www.ons.gov.uk/economy/inflationandpriceindices/timeseries/l55o/mm23>





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Caring Kits for Kids

1193173

## Receipts and payments accounts

For the period  
from

01/01/2022

To

31/12/2022

CC16a

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
JustGiving	2,756	-	-	2,756	2,682
AmazonSmile	137	-	-	137	25
Fundraising	278	-	-	278	1,664
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>3,171</b>	<b>-</b>	<b>-</b>	<b>3,171</b>	<b>4,371</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>3,171</b>	<b>-</b>	<b>-</b>	<b>3,171</b>	<b>4,371</b>
<b>A3 Payments</b>					
Web Hosting	230	-	-	230	-
Materials	3,565	-	-	3,565	403
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>3,796</b>	<b>-</b>	<b>-</b>	<b>3,796</b>	<b>403</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>3,796</b>	<b>-</b>	<b>-</b>	<b>3,796</b>	<b>403</b>
<b>Net of receipts/(payments)</b>	<b>- 624</b>	<b>-</b>	<b>-</b>	<b>- 624</b>	<b>3,968</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>624</b>	<b>-</b>	<b>-</b>	<b>624</b>	<b>3,968</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b> (agree balances with receipts and payments account (s))	5,066	-	-



	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	M. HOUGHTON	26/9/23
	REBECCA TAYLOR	26/9/23